



# SENIORS QUALITY LEAP INITIATIVE

## **History**

The Seniors Quality Leap Initiative (SQLI) was established by North America's leading Long Term Care organizations in 2010 out of their collective desire improve clinical quality and safety for seniors.

## **Mission**

To enhance the quality of life and quality of care for seniors by utilizing a structured approach to quality and performance improvement and disseminating recommendations to the broader post-acute and long-term care sector.

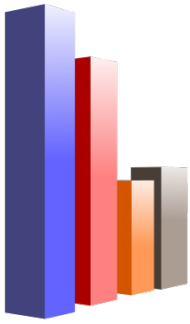
## **Vision**

To become North America's leading post-acute and long-term care provider consortium for benchmarking clinical quality standards that reflect advancing innovative change ideas to raise the bar for excellence throughout our industry

## **Strategic Directions**

1. Exchange and benchmark performance data as it relates to quality of care and quality of life for seniors.
2. Test, design, and adopt a collaboratively derived approach for performance improvement.
3. Identify and undertake initiatives designed to make improvements in quality of care and quality of life for seniors using evidence-based practices.
4. Broadly disseminate SQLI consensus-based recommendations for improvement across the post-acute and long term care sector.
5. Support a culture of innovation that consistently seeks to identify, test, evaluate and develop innovative solutions that have the potential for significant healthcare and economic impact through partnership with the Centre for Aging and Brain Health Innovation (CABHI).





## Performance Reports

Using the interRAI Minimum Data Set, SQLI organizations receive quarterly reports on their performance on a number of quality of care and quality of life indicators. Performance reports include organizational performance over time as well as US reference benchmarks. SQLI members also benchmark their performance on resident quality of life using the interRAI Quality of Life Survey.



A sample list of the quality of care and quality of life measures used by SQLI is listed in Figure 1.



### Strategic, Academic and Innovation Partners

1. AMDA- The Society for Post-Acute and Long-term Care Medicine
2. Canadian Association for Long-Term Care
3. Canadian Institute for Health Information
4. Canadian Society for Long-Term Care Medicine
5. Centre for Aging + Brian Health Innovation
6. Florida State University
7. Healthcare Excellence Canada
8. Marcus Institute for Aging Research
9. LeadingAge
10. New Brunswick Association of Nursing Homes
11. Ontario Centres for Learning Research & Innovation in Long-Term Care
12. University of Waterloo

### Member Organizations

1. Actionmarguerite, Winnipeg MB
2. Baycrest Health Sciences, Toronto, ON
3. Bruyere, Ottawa, ON
4. Hebrew SeniorLife, Boston, MA
5. Highlands House, Cape Town, South Africa
6. Perley Health, Ottawa, ON
7. Presbyterian Senior Living, Dillsburg, PA
8. Providence Health Care, Vancouver, BC, Toronto, ON
9. San Francisco Campus for Jewish Living, San Francisco, CA
10. Schlegel Villages, Ontario
11. Shannex Incorporated, Nova Scotia, New Brunswick and Ontario
12. Sienna Senior Living, British Columbia, Manitoba, Ontario
13. Westminster Communities of Florida, Florida
14. York Care Centre, Fredericton, NB



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## Projects Underway

Using evidence informed practice, each participating organization develops an improvement plan and collects and reports on associated measures to monitor performance. Currently, SQLI member organizations are engaged in the following initiatives:

- Improving Resident Quality of Life
- Improving pain management
- Reducing inappropriate use of antipsychotics (in partnership with the Canadian Foundation for Healthcare Improvement)
- Innovation adoption initiative (in partnership with the Centre for Aging and Brain Health Innovation)
- Ongoing dissemination and sharing of best practices

QUALITY OF CARE	QUALITY OF LIFE
• % of residents with symptoms of delirium	• I am treated with respect by staff
• Prevalence of physical or verbal aggressive behavior	• I have opportunities to explore new skills and interests
• % of residents on antipsychotics without a diagnosis of psychosis	• I enjoy mealtimes
• % of residents who decline in their symptoms of frailty	• Staff ask how to meet my needs
• % of residents who fell in the last 30 days with injuries	• I would recommend this site or organization to others
• % of residents with hospital stays	• This place feels like home to me
• % of residents whose pain worsened	• I can express my opinion without fear of consequences
• Composite - overall quality	• The care and support I get help me live my life the way I want

Figure 1

**For more information, please visit: [seniorsqualityleapinitiative.com](http://seniorsqualityleapinitiative.com) or contact Cyrelle Muskat at 416.785.2500 ext. 3659 or [cmuskat@baycrest.org](mailto:cmuskat@baycrest.org).**